

Relationships and Sex Education (RSE) Advisory Curriculum



Year 9 Content

	Learning Intentions	Success Criteria		
Romantic Relationships	Young people understand the importance of being cared for and caring for others in relationships. Young people recognise indicators of positive, healthy relationships	I can talk about the importance of communication, honesty and trust in relationships. I can talk about the kind of partner I would want to be involved with, and the what I would bring to a relationship.		
Living together, marriage and civil partnerships	Young people understand that adult relationships can include marriage, civil partnerships and living together. Young people learn marriage and civil partnerships are legal, social and emotional commitments that should be entered into freely, and never forced upon through threat or coercion.	I understand that adults can be married, in a civil partnership or live together. I am developing skills and confidence to make decisions about the relationships I want.		
Making Relationships Work	Young people understand the importance of communication, honesty and trust in relationships.	I can talk about the importance of communication, honesty and trust in relationships.		
Qualities of a partner	Young people learn to clarify and develop personal values.	I can talk about the kind of partner I would want to be involved with, and then what I would bring to a relationship. I am developing skills and confidence to make decisions about the relationships I want.		
Menstruation	Young people recognise that body changes with puberty impact on feelings and behaviour. Young people understand the importance of personal hygiene. Young people learn how to prepare for an manage periods.	I can describe the changes that take place with puberty. I know and can describe how to prepare for and manage periods and I am aware of all the available options, including re-usable products. I understand how to maintain personal hygiene.		
Abortion	Young people know that abortion/ termination of pregnancy services are available. Young people know that all sexual health services are confidential. Young people understand the rights and responsibilities required for safe and enjoyable sex.	I can describe what happens within abortion/termination of pregnancy services. I understand that time matters when deciding on options available to women when they are pregnant. I understand and can talk about my right to confidentiality in the provision of sexual health services.		
Equalities and feminism	Young people understand that power exists within relationships.	I can talk about what gender equality and feminism mean to me.		

	Young people consider what the abuse of power means in terms of gender. Young people explain what gender equality and feminism mean to them.	I am developing skills and confidence to challenge inequality and abuse of power.
Sexual Harassment	Young people understand that power exists within relationships. Young people consider what the abuse of power means in terms of gender. Young people explain what gender equality and feminism mean to them.	I can talk about what gender equality and feminism mean to me. I am developing skills and confidence to challenge inequality and abuse of power.
Sexuality and Sexual Rights	Young people understand that we are all sexual beings. Young people develop a broad understanding that our sexuality is about sexual feelings, thoughts, attractions and behaviours. Young people understand the idea of sexual rights.	I know that my sexuality is about my feelings, thoughts, attractions and behaviours. I can talk about my sexual rights including the right to personal and intimate relationships that are healthy, happy and safe. I know where to find information, help and support if I need it.
Social Media and Fake News	Young people see the internet as a positive place that is fun and helps them learn. Young people reflect on their online behaviours. Young people develop a critical perspective on information they access online. Young people identify potential or actual abusive behaviour in online environments. Young people learn help-seeking behaviours.	I can discuss my online life. I understand that my online presence requires me to have strategies for safe use. I recognise the presence of 'fake news' online. I know that people can present themselves as friends yet become a threat to my safety and wellbeing. I can identify sources of support.
Online Safety	Young people recognise the relationship, dependency and consequences linked to the use of social media e.g. safety and privacy settings, friendship circles, photographs and information sharing.	I understand the importance of safety and privacy settings on social media. I know I need to restrict the information I make publicly available on social media. I recognise how my online behaviour can impact others.
Physical and mental wellbeing	Young people explore how looking after our physical health can have a positive impact on our mental wellbeing.	I understand the link between physical and mental wellbeing I can describe strategies for improving physical and mental wellbeing I can explain ways to help those who need support with their physical or mental wellbeing.