

Relationships and Sex Education (RSE) Advisory Curriculum



Year 11 Content

	Learning Intentions	Success Criteria
Going out and staying safe	Young people acknowledge their growing independence and exposure to different and difficult face-to-face social situations. Young people consider personal safety, and that of friends.	I can talk about my own safety and wellbeing in face-to-face social situations. I can plan and respond in social situations in order to ensure my own safety and wellbeing and that of others.
Online dating	Young people acknowledge their growing independence and exposure to different and difficult online social situations. Young people reflect on their behaviour toward others.	I can talk about my own safety and wellbeing in online social situations. I am building understanding, skills and capacity to assert myself and express what I want and don't want. I am aware of how my behaviour, both verbal and nonverbal, can impact on others.
Sex, drugs and alcohol	Young people understand the role and impact of alcohol and drugs in relationships and on choices and experiences of sex. Young people reflect on their behaviour toward others.	I can talk about my own safety and wellbeing in relationships. I can talk about the impact that drugs and alcohol have on relationships. I know how to access information, help or support if I need to.
Getting to know your body: self- examination/ sexual problems	Young people learn the importance of self-examination of breasts and testicles. Young people have factual information about common sexual problems. Young people know how to access services, information and support in terms of their sexual health and wellbeing.	I can undertake a self-examination of breasts/testicles. I am aware of common sexual problems. I know how to find and to access sexual health services.
Communication with a partner	Young people recognise the different ways people communicate with each other in the context of personal relationships. Young people understand the importance of positive behaviours whilst communicating using social media.	I can reflect on my own communication skills. I consider how I respond to cues from a partner that may be verbal or non-verbal. I can describe what behaviours and attitudes will help and nurture a relationship.
Getting along and dealing with conflict	Young people know that there can be disagreements in relationships, but that conflict requires resolution. Young people understand how to de-escalate conflict, giving examples of strategies to do so.	I can describe what behaviours and attitudes will help and nurture a relationship. I am developing skills to de-escalate conflict, and I can give examples of strategies to do so.
Sexual Activity	Young people are reminded that a range of sexual behaviours, and not just penetrative penis/vagina sex, are considered as sex. Young people receive accurate information about sexual practices.	I can describe the range of sexual behaviours that are considered 'sex'. I understand the social taboos about some sexual practices, but I know that accurate information, support or help is available when I need it.

	Young people are encouraged to seek further information or help if they need it. Young people consider the impact that pornography has on choices and behaviours.	I can explain the need for consent in all sexual activity.
Preparing for parenthood	Young people reflect on the need to plan for parenthood. Young people understand what choices and actions can be taken before conception to ensure the best start in life for a child and parent/carer. Young people understand the term preconception health.	I can reflect on the need to plan for parenthood. I can talk about the value of pre-conception health. I can discuss the choices and actions a potential parent can take to ensure the best start in life for the child.
Human fertility and reproduction	Young people reflect on important aspects of human fertility and reproduction. Young people understand that choices made now and in their early adult life can impact on fertility. Young people understand that some pregnancies end in miscarriage. Young people understand the relationship between ageing and fertility/ reproduction.	I can reflect on the connection between good general health and aspects of human fertility and reproduction. I understand the common causes of infertility. I understand that miscarriage affects many families. I understand that the menopause is the natural time in a woman's life where she can no longer become pregnant.
Stigma, taboo and discrimination	Young people discuss and understand the impact of stigma and discrimination on people living with ill-health/chronic conditions. Young people know that their language and behaviour has an impact on others.	I understand that their actions impact on others. I show respect for others. I can describe and challenge stigma and discrimination.
Prostitution and paying for sex	Young people learn about prostitution in terms of the law, social attitudes and harm to individuals. Prostitution is framed as sexual exploitation.	I recognise and can discuss the different societal perspectives on prostitution. I develop and articulate my own views on prostitution. I can explain the vulnerabilities of, and harm done, to people working in prostitution. I understand the commodification of sex is an abuse of power.
Coercive Control	Young people recognise features of an unhealthy relationship. Young people gain an understanding of the law in relation to coercive control.	I can describe unhealthy behaviours in a relationship. I know where to go for help and support.