

Relationships and Sex Education (RSE) Advisory Curriculum



Year 10 Content

	Learning Intentions	Success Criteria
Recognising online sexual harassment	Young people will begin understand what types of behaviour constitute online sexual harassment.	I can define the term online sexual harassment. I can recognise examples of online sexual harassment. I begin to understand the emotional impact online sexual harassment can have on those involved.
Responding to online sexual harassment	Young people understand how online sexual harassment makes victims feel and how to support those who experience it.	I recognise examples of victim-blaming in response to online sexual harassment. I recognise the gendered context in which online sexual harassment takes place. I know how to respond to incidences of online sexual harassment in a sympathetic, helpful and supportive manner.
Reporting online sexual harassment	Young people will explore how they can report online sexual harassment, and who they can report to.	I am aware of the reporting routes available to me I recognise the challenges young people face in reporting online sexual harassment. I can identify the positive effects reporting can have.
ldentifying unhealthy relationship behaviours	Young people will be able to identify and manage unhealthy relationship behaviours.	I can assess whether relationship behaviours are healthy or unhealthy I can explain strategies to effectively manage relationship break ups I can suggest ways to support a friend who is in an unhealthy relationship
Managing unwanted attention	Young people recognise and manage unwanted attention.	I can define the terms stalking and harassment I can identify the behaviours associated with stalking I can explain what to do if someone feels they or someone they know is the target or perpetrator of stalking or harassment
Reducing inappropriate behaviours	Young people learn to recognise inappropriate behaviour and seek support	I am able to ecognise when romantic attention is unwanted or unacceptable, including online I can explain how perpetrators and their peers can safely address potential perpetrator behaviours
Ending relationships	Young people consider what would characterise a good relationship, and what relationship experiences might cause them concern or make them want to end a relationship. Young people consider the idea of 'relationship rights'.	I can describe what a good relationship would mean for me. I understand the need to safely and responsibly manage changes in personal relationships, including ending relationships.
The right time	Young people explore what can influence choices about making a relationship sexual, and if it becomes so, what a positive sexual relationship might be like. Young people think about whether they are ready for a sexual relationship, and understand it is ok to delay having sex until they are.	I am building skills and confidence to make decisions about my own personal relationships, including sexual relationships. I know about the concept of consent in maturing relationships. I am developing skills to assess readiness for sex.

Taking things further	Young people recognise the reasons why people engage in sexual activity. Young people explore influences on sexual activity and behaviour.	I understand the role of pleasure in intimate relationships I know different strategies to manage the strong emotions associated with the different stages of relationships.
Contraception	Earlier learning about contraception and condoms is reinforced and refreshed. Young people are informed about the purpose and main methods of contraception. Young people know where contraceptive advice and information are available.	I can name the main methods of contraception available. I understand that decisions and practices regarding contraception are a part of relationships which are safe and enjoyable. I know where to go for information and advice on contraception
Gender equality	Young people consider gender equality in the context of relationships – broadly in society and in more personal relationships.	I can talk about what equality means to me. I am building skills and confidence to seek information, support or help when I need it and if my rights are infringed.
Equality and the Law	Young people understand what the law says about gender equality/sex discrimination. Young people understand that the law applies to school and education.	I can explain what the law says about gender equality and sex discrimination. I know that learning and work environments must be places of equality and safety for me.