



Content - Big ideas

Transition - Transition, Positive relationships, Healthy and unhealthy relationships, Bullying and Banter, Group Chats and Messaging

Looking after yourself - Healthy Eating, Healthy Lifestyles, Personal Hygiene and Self Care, Vaping and smoking

RSE Block 1 - My Body Now, My Changing Body, Menstruation, Learning about my body, Body Image, Body Confidence

RSE Block 2 - Me Online, Netiquette, Sending and Sharing Images, Respect Means, Emotional Well-being, Looking after myself and others

RSE Block 3 - Stereotypes and Equality, Exploring Gender, Intimate Relationships, Relationship Choices, Consent in Relationships, The age of consent

British Values, Manx Community, Racism, Xenophobia

Prior learning

Global/IOM/Subject Links

Subject specific skills development