

Buddhism (Year 8) – Scheme of Work

Introduction: Buddhism

Aim: To know the key beliefs within Buddhism, and consider how these beliefs and the actions of Buddhists demonstrate their belief in dharma (teachings of the Buddha). Students will know the life story of Siddattha Gotama (the Buddha), the 3 marks of existence (3 universal truths), 4 noble truths, noble eight-fold path and beliefs about karma, samsara and reincarnation.

Key Questions:

- Who is the Buddha?
- What were the 4 sights Siddattha Gotama saw?
- Why is there suffering?
- How can suffering be ended/overcome?
- What is enlightenment?
- What is nirvana?

Learning Outcomes:

All - Will be able to define and use key terminology confidently and in the appropriate context. Will be able to explain the importance of the 3 marks of existence (3 universal truths) as central to the dharma within Buddhism. Will be able to outline the teachings of the Buddha: 4 noble truths, noble eight-fold path. Will consider their own opinions and beliefs regarding the teachings within Buddhism, focusing particularly on whether they consider it to be a religion or way of life.

Most - Students will be able to link to role of the 3 marks of existence (3 universal truths) to the practices within Buddhism i.e. types of employment allowed, application of the 5 Precepts. Will be able to explain and identify the role of karma and samsara in relation to Buddhist beliefs about reincarnation and nirvana. Will have knowledge of the role of meditation and mandalas within Buddhism and be able to explain their importance.

Some - Students will be able to evaluate the difference of the teachings between the role of lay Buddhists, and bhikkus/bhikkunis (monks/nuns). Will reflect upon the teachings of the Buddha i.e. the parable of the turtle, the parable of the raft.

Assessment:

- Assessment criteria and guidance sheet
- Assessment feedback forms
- Peer marking and assessment
- Self-assessment

	Title	Lesson Aim/Critical Question	Resources	Possible Learning activities	Key Words	Homework
1	Siddattha Gotama	To know who the Buddha was and the key events in his life.	PowerPoint BBC Learning zone video clip Worksheet	<p>Starter: Noughts and crosses</p> <p>Main:</p> <ul style="list-style-type: none"> Students to copy the paragraph into their exercise books, watch BBC learning zone video clip and add in the missing words. Read the story of Kisa Gotami and write an explanation of what she and the Buddha discovered. <p>Plenary: Look at the pictures. Which is which and what is the metaphor?</p>	Siddattha Gotama The Buddha Kisa Gotami	Create a title page for topic - Buddhism
2	3 marks of existence	To know the Buddha's teachings on the 3 marks of existence.	PowerPoint Worksheet	<p>Starter: What does 'universal' mean?</p> <p>Main:</p> <ul style="list-style-type: none"> Teacher to explain that the 3 universal truths are also known as the 3 seals and the 3 marks of existence. Students to read the definitions of the 3 universal truths and add an example for each. Students need to respond to the quote. Read the story 'The Wagons of Life' and answer the questions. <p>Plenary: Look at the pictures, which universal truth is shown through each picture?</p>	3 marks of existence 3 universal truths Dukkha Anicca Anatta	
3	4 noble truths	To know the 4NT and consider how life could be better if we followed the.	PowerPoint	<p>Starter: What do you crave?</p> <p>Main:</p> <ul style="list-style-type: none"> Students to copy the 4NT into their books. Teacher to go through the chocolate example. Students to answer the questions in their books. <p>Plenary: Splat!</p>	4 noble truths Dukkha	Research one of the holy days within Buddhism & create a poster about the holy day: http://www.bbc.co.uk/religion/religions/buddhism/
4	Noble 8-fold path	To know the Buddha's teaching about how suffering can be stopped.	PowerPoint Worksheet MP4 videos	<p>Starter: What do you think the Buddha meant by the 'middle way'?</p> <p>Main:</p> <ul style="list-style-type: none"> Read worksheet and rank the noble 8-fold paths teachings, students to give an example of when they have had right _____. Watch the MP4 clip 'Star Wars: The Phantom Menace' and consider how it might link to the noble 8-fold path. Students to suggest which parts of the noble 8-fold path Anakin/Jedi should follow (all of them!) Watch the MP4 clip 'Star Wars: Revenge of the Sith' and consider the result of Anakin's actions (suffering because he didn't follow the N8FP). <p>Plenary: Learning burger</p>	Middle way Noble 8-fold path	
5	Mandalas	To understand the	PowerPoint	**LO is not to be shared with students until later in the lesson!	Mandala	Research the 10

		Buddhist concept of impermanence (that nothing lasts).	Mandala patterns	<p>Starter: Students to copy the definition of a mandala into their book.</p> <p>Main:</p> <ul style="list-style-type: none"> Students to choose a mandala pattern, they have 15 minutes to colour it in neatly and add meaning for their choice of colours. In 4's students to choose one to be put forward for the class to vote on an overview winner – best mandala. Once a winner had been chosen the teacher is then to TEAR UP the winner's mandala and ask the class what they think the LO of today's lesson was. <p>Plenary: Teacher to reveal and explain the LO.</p>	Impermanence	precepts that a Buddhist monk/nun must follow. Do you think these help to end suffering?
6	Impermanence	To further examine the Buddhist idea of 'impermanence' (that nothing lasts).	PowerPoint Worksheet	<p>Starter: Look at the picture below. How could it link to Buddhism?</p> <p>Main:</p> <ul style="list-style-type: none"> Students to glue the worksheet into the middle of their page, read the poem 'Impermanence' and draw lines out explaining the different verses of the poem. Feedback. Students need to write a poem linking to a Buddhist teaching. <p>Plenary: True/False quiz</p>	Impermanence	
7	Enlightenment	To understand the meaning of the term 'enlightenment'.	PowerPoint Enlightenment pictures Murder mystery packs	<p>Starter: Students to unscramble the definition of enlightenment and copy into their books.</p> <p>Main:</p> <ul style="list-style-type: none"> Look at the pictures, what do you see? Students to look at the selection of pictures and see the truth behind the pictures. Group work – students to read the clues and discuss who they think is the murderer and why. Teacher to reveal murderer – were the students 'enlightened'? Did they get it right? <p>Plenary: What do you think the term 'enlightenment' means?</p>	Enlightenment Truth	Find an illusion picture/riddle etc. and give an explanation of it.
8	Rebirth	To understand how beliefs about reincarnation link to enlightenment.	PowerPoint BBC Learning zone video clips Worksheet	<p>Starter: Do you think Buddhist ideas about rebirth are different to Hindu ideas on reincarnation? If so, how?</p> <p>Main:</p> <ul style="list-style-type: none"> Discussion: what do you think happens when we die? Watch the video clip expressing different religious beliefs about life after life. Read the worksheet 'Nibbana' and glue into books. Watch the video clips explaining Tibetan Buddhist beliefs about life after death. <p>Plenary: How does reincarnation link to enlightenment?</p>	Reincarnation Nirvana Nibbana	What is 'origami'? How could it be a type of meditation for Japanese Buddhists?
9	Meditation	To reflect upon the importance of meditation within	PowerPoint Still exercise MP4	<p>Starter: Spider-diagram what is the purpose of meditation?</p> <p>Main:</p> <ul style="list-style-type: none"> Feedback of spider-diagram and teacher to explain the 	Meditation	

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purposes.

- Students to copy the explanation of meditation into their books.
- Students can have a go at some stilling exercises: 1. Paper task – instructions on slide. 2. Website <http://www.do-not-zzz.com/> follow instructions on website. 3. Audio stilling exercises in folder.

Plenary: Look at the pictures, which are not forms of meditation. Answer – they can all be understood as forms of meditation.