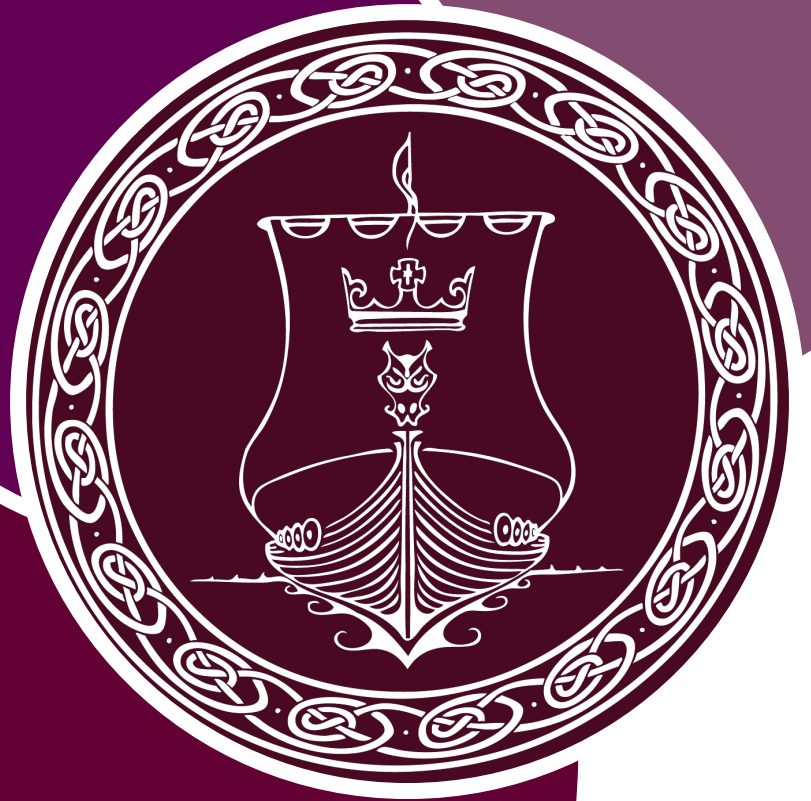


# QEII



**Student  
Pastoral Support  
& Wellbeing**

# Queen Elizabeth II High School

gleck dty share dy kinjagh

always strive to do your utmost

## Staff

Team with shared goals  
Are supportive & supported  
Feel valued & respected  
Take pride in success



Takes pride in the school  
School is integral to the community  
Students leave ready for success with positive, caring values  
Celebrates Manx identity in a global context

## Community



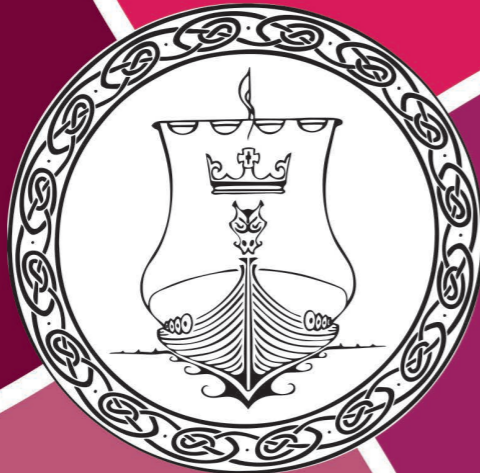
## Students

Show mutual respect  
Are: encouraged & valued  
actively challenged & engaged  
forward-thinking & independent  
Feel Safe, confident & able to take risks



Show trust in the school  
Support the school  
Feel supported  
Attend events  
Are involved

## Parents & Families



## Introduction

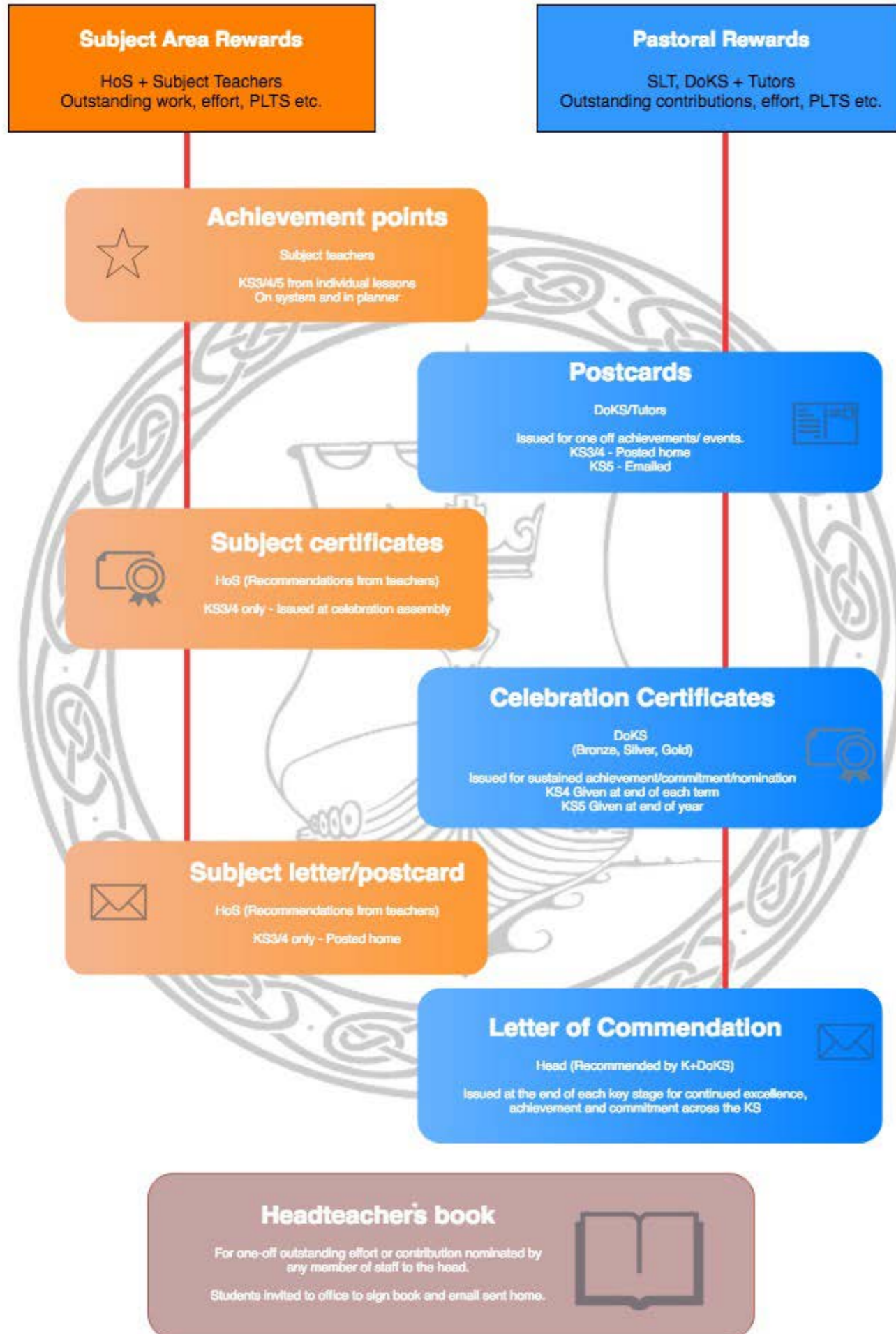
The wellbeing of our students is central to their success as confident life-long learners. In our changing society, young people face numerous issues which can affect their wellbeing.

There is always someone in school who is there if your child needs support. This booklet will give you an overview of support available in school and details of support and agencies you may wish to access.

# VISION

# September 2017

# QUEEN ELIZABETH II HIGH SCHOOL REWARDS FLOWCHART



## Pastoral Support

It is useful if teachers are aware of any home concerns or issues which may have an impact on your child whilst they are at school. If we are aware, we can put relevant support in place.

Your child will also have a Director and Deputy Director of Key Stage. They liaise with the Form Tutors and subject teachers to gain a holistic view of all students within their Key Stage. The Pastoral Team can organise support for your child within school and with outside agencies if required. Behaviour, attendance, rewards, bullying issues and monitoring of learning are key areas this team deals with.

Contact with the Form Tutor or Pastoral Team members can be made through [qe2enquiries@sch.im](mailto:qe2enquiries@sch.im) or telephone 841000.

QEII High School values you and your child's input in creating the best possible educational setting for your child. Parental voice groups and information sessions regarding relevant issues such as e-safety, anxiety and stress management and emotional wellbeing will take place throughout the academic year. They will be advertised via InTouch, the school website and newsletter. Your support is always welcomed at these events.



### Looking after Students' Emotional & Mental Health & Wellbeing

Students are educated through lessons, assemblies and the tutor programme to look after themselves so they can hopefully cope in the world in which we live.

# Pastoral Teams

Each Key Stage has a Director of Key Stage and Pastoral Support Officer. In addition each Key Stage has a Deputy Director of Key Stage. They work closely with tutors, subjects teachers and Support for Learning to ensure that students are fully supported.



## Tutors

Your child's Form Tutor is your first point of contact within the pastoral system. Their role is central in both caring for the students and monitoring their progress both academically and socially. They will encourage involvement, embed routines and promote the school ethos. Form Tutors will stay with their tutor group throughout Key Stage 3 and 4. A different Form Tutor is allocated for Key Stage 5.



## Director of Studies

The Director of Studies leads on all aspects of careers education and advice so that students are guided through choices for options at the end of each Key Stage and for future pathways.



### Key Stage 3 Team



Mrs K Fernandes  
Director of Key Stage 3



Miss H Libreri  
Deputy Director of Key Stage 3



Mrs M Nixon  
KS3 Pastoral Support

### Key Stage 4 Team



Mrs J Steriopulos  
Director of Key Stage 4



Miss N Arthur  
Deputy Director of Key Stage 4



Mrs K Redmayne  
KS4 Pastoral Support

### Key Stage 5 Team



Mr S Slack  
Director of Key Stage 5



Mrs S Delany  
Deputy Director of Key Stage 5



Mrs C Clucas  
KS5 Pastoral Support

## Anti-Bullying

We are committed to creating and sustaining a safe, positive and inclusive environment for all students, staff and parents/carers.

The school is part of the wider community and under the Equality Act 2017 its members have the right to be protected from any bullying behaviour. The Act states that discrimination against a person because he or she has one (or certain combinations of two) of the following protected characteristics will be unlawful:

- age
- disability
- gender reassignment
- marriage and civil partnership
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation

Information relating to incidents of bullying may be shared with the Safer School Policing Team to help promote a cohesive community, and may lead to an agreed joint response.

## Bullying Form



## Behaviour

The school wishes to foster an ethos of mutual respect, calm, good order and safety. Students are encouraged to contribute to the community and their voice is recognised and respected.

## Behaviour Policy



## Anti-Bullying Web Link



## Reporting Bullying

1. Complete a bullying form and post it in one of the boxes located around the school. Electronic versions can be downloaded from the school website and returned to: [qe2enquiries@sch.im](mailto:qe2enquiries@sch.im)
2. Speak with the Listening Service, who may be able to help you to resolve any issues.
3. Speak directly to any member of staff, asking them to record the details with you or for you on a bullying form. Please be sure to tell staff that you are specifically reporting bullying, rather than an incident that they can deal with immediately.

Documentation.

The school's anti-bullying Policy and Guidance document is available on the school website.

## Mobile Devices

We aim to provide a high level of e-safety for children, young people and staff using ICT whilst also facilitating a rich learning environment.

Students are not permitted to use their phones during lessons without the permission of the classroom teacher. Inappropriate use will lead to the device being confiscated. Any student who persistently misuses their mobile device will be banned from bringing them into school.

## Acceptable Use Policy



# Agencies and Interventions

## Internal Support

There will be times when some students require more input. The school can provide help and support through a range of agencies.

### Support for Learning

The Support for Learning Department's team of experienced staff work with students to help identify their individual needs and build strategies to manage their emotions. This is achieved by providing a quiet space for reflection, individual mentoring sessions and through the provision of a confidential listening service. Support for Learning aim to ensure students feel supported and nurtured within school. Parents and teachers can contact the department to seek advice and refer students who are in need of support.



### Pastoral Support

Mrs M Nixon and Miss K Redmayne work within the Key Stage 3 and 4 Teams respectively. They provide pastoral support, which can include classroom survival skills, anxiety busting and bullying or banter workshops with individuals or small groups of students. They offer student drop-in sessions and short-term intervention appointments for students identified by teachers as having specific needs.



### School Nurse

The School Nurse has a drop-in session for students on Mondays between 1-2pm. A referral from the Pastoral Team with written or verbal consent from the parent/carer can be organised for a student to have an appointment with the Nurse. Emotional and physical concerns can be addressed.

### Listening service

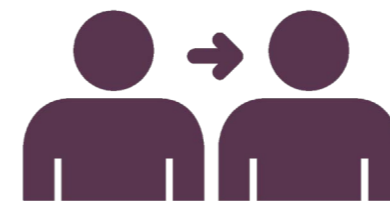
A drop in or pre-arranged session can be organised for a student in need of extra emotional support by the student themselves, parent or pastoral team. Mrs Bethune is an experienced adviser and is based on the first floor in the Forster Building.



### Mentoring System

Year 10 and 11 students who are in need of support academically or emotionally will be offered a mentor. For Year 10 students their mentor will be a member of the sixth form. The mentor sessions will take place weekly during the tutor period. Year 11 students will be offered a staff mentor. These sessions will be arranged at a convenient time between the student and teacher.

All mentor sessions are voluntary. Every student in Years 10 and 11 will be given the option to have a mentor. Parents/carers will be notified by email if your child has opted to use the mentoring system.



# Agencies and Interventions

## External Support

### Early Help & Support for Children with Additional Needs (EHAS)

This is a service that schools and other professionals can provide for you and your family when you are experiencing difficulties with your child at home, in school or in the community. A family centred approach will be used to try to enable your child to be successful and happy.

Pastoral Teams can refer via a referral form. Your written consent as a parent/carer will be gained for this process to begin. Once the EHAS referral has been approved, the team will meet the family and try to understand what it is like for you all. An integrated approach with the help from a variety of services will try to stop your concerns from worsening, stabilise the problems so that the agreed support can be received and hopefully create a real and lasting difference to the needs of the child and family.

### Educational and Child Psychology Team (EP)

A team offering services to help with assessment for dyslexia, speech and language problems and bereavement counselling.

### Drug & Alcohol Team (DAT)

The Drug and Alcohol Team can provide treatment and support service to students who are presenting with alcohol and/or drug dependency.

### CRUSE Bereavement Care

CRUSE offer bereavement care and support. It is a free, voluntary and confidential service available for everyone. Further information can be found on their website: [cruiseisleofman.org](http://cruiseisleofman.org)

### Parent2Parent

A charity established to support parents of children with mental health concerns such as anxiety and depression. Parents can contact the organisation directly by emailing [parent2parentsupportiom@manx.net](mailto:parent2parentsupportiom@manx.net) or calling 01624 616375 / 07624 240999

### Active4Life

A free service aimed at enhancing health and wellbeing of children with low self-esteem, social difficulties or similar problems through physical activity. A referral will be made by the Pastoral Team. Consent must be given by the parent/carer and student prior to an initial meeting being arranged.

### Child & Adolescent Mental Health Service (CAMHS)

A support service that provides mental health assessments and treatment for children up to 16 years old and their families.

### PCI - Pathway for Young People and Illness

A service aimed at educating students with long term illness, who cannot access school. A referral can be made by CAMHS or the School.

## Self-Harm

Self-harm is an umbrella term that includes a variety of behaviours that happen when a person causes injury or harm to themselves.

Follow the link via the QR code for information relating to self-harm, risk factors, warning signs to look out for, how to help a young person and prevention of self-harm.

If you suspect or know a child is self-harming please contact the school Key Stage team immediately.



*Somewhere to turn when someone dies*



### KEY LINKS

qe2.sch.im  
anti-bullyingalliance.org.uk  
time-to-change.org.uk  
rethinkwords.com/getrethink  
riseabove.org.uk  
youngminds.org.uk  
childline.org.uk  
healthtalk.org/young-peoples-experiences  
parentzone.org.uk  
thinkuknow.co.uk  
nshn.co.uk

**TALK TO US**  
If things are getting to you

Talk to us any time you like, in your own way – about whatever's getting to you.

116 123 **FREE**  
This number is FREE to call

jo@samaritans.org  
samaritans.org

**SAMARITANS**

A registered charity



If you have any questions or queries please do not hesitate to contact your child's Form Tutor or a member of the Key Stage Team  
email: qe2enquiries@sch.im  
telephone: 841000





# Student Charter

The Student Charter was produced by the students of Queen Elizabeth II High School for the students of the school. It sets out their vision and the behaviours, which students are expected to follow for the benefit of everyone at the school.

## We the students want to

- have good relationships with other students and teachers built on mutual respect
- work in a kind and supportive judgment free environment
- be inspired by our teachers
- feel safe in all aspects of school life and where challenge exists support is available when required
- be given opportunities to develop



## We want staff to

- be positive role models
- be accessible, to encourage and support students
- develop good relationships built on mutual respect
- be inspiring and positive
- deliver interesting and challenging lessons
- tackle disruptive behaviour in the classroom and around school
- promote wellbeing



## We want our parents/carers to

- listen to our needs
- be interested in what we do in lessons and support our learning
- provide guidance to help us succeed
- give and receive communication to/from school
- be confident that we are happy and safe in school



## We want our community to

- feel a sense of belonging
- take pride in our school
- trust those in our school when in the local community
- feel safe
- participate in and attend school events
- be supported through school charity events
- trust our school



## Student Behaviours: I will...

- be supportive and caring to others
- be responsible for what I do
- think before I speak
- be honest
- be respectful and compassionate to others
- make the most of my opportunities
- always strive to do my best

