



Queen Elizabeth II High School

Douglas Road, Peel, Isle of Man IM5 1RD

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Headteacher: Mrs. C. Clarke



Dear Parents and Carers,

PSHE Update September 2024

Relationships and Sex Education (RSE)

Following a period of review, we are pleased to advise that RSE will restart from this week. The resources used will come from the central Department of Education, Sport and Culture (DESC) and have been co-constructed with the PSHE Leads from each of the Island's secondary schools.

The resources are provided by the DESC to all schools to ensure consistency and are available on their website <https://pshe.sch.sites.im>. An overview of the Autumn term can be found here [Autumn Overview](#).

The only exception to this is the first RSE unit for Year 8 *Mental Health and Wellbeing* as the PowerPoints and lesson plans are from the PSHE Association and, due to copyright restrictions, cannot be adapted. An overview of the lessons can be found here [Year 8 RSE - Mental Health & Wellbeing](#), however if any parents/carers wish to view resources they can contact school and these will be made available.

Year 7 Drop Down Day – Making a positive start

We are delighted to inform you that on Thursday 19th September 2024 we will be holding our first PSHE (Personal, Social, Health and Economic) day of the year for all Year 7 students. The aim of days such as this is to provide our students with informative opportunities to learn about various aspects of PSHE.

The PSHE day will consist of a range of workshops, activities and guest speakers, delivered by professionals from government and external agencies. Please see the attached document for further information.

We hope that this day will enable our students to develop their knowledge, skills, and attitudes that will help them to thrive in their personal and social lives, as well as prepare them for their future.

Please encourage your child to participate fully and positively in the PSHE day and to respect the views and experiences of others. We expect all students to behave in a mature and responsible manner and to follow the school rules and expectations.



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Year 9 Drop Down Day – RSE Catchup

An additional day focusing on topics relating to RSE, has been organised in collaboration between the DESC and secondary schools. This will be held on Friday 18th October. The purpose of this drop down day is to provide Year 9 students with learning opportunities that were missed during the pausing of the RSE curriculum.

Information about the Year 9 day can be found here [Year 9 RSE Day](#).

We are looking forward to the PSHE days and we hope that it will be a valuable and enjoyable experience.

If you have any questions or concerns about any of the above, please do not hesitate to contact the school.

Yours faithfully,

Mrs Samantha Lund
Director of Personal Development