

What do I need to know or be able to do before taking this course?

You do not need to have studied Food and Nutrition at GCSE Level in order to take a Level 3 Diploma course in this subject. It is more important that you have a strong interest in the subject matter and want to learn about the relationship between the human body and food.

What will I learn on this A Level course?

- Skills required for independent learning and development
- Skills to ensure your own dietary health and well being
- A range of generic and transferable skills
- The ability to solve problems
- The skills of project based research, development and presentation
- The ability to apply mathematical and ICT skills
- The ability to apply learning in vocational contexts

What kind of student is this course suitable for?

Students should have an interest in current food issues and be prepared to use a variety of different study methods including practical work, to produce portfolios of information.

An understanding of Food Science and Nutrition is relevant to many industries and job roles. Care providers and nutritionists in hospitals use this knowledge, as do sports coaches and fitness instructors. Hotels and restaurants, food manufacturers and government agencies also use this understanding to develop menus, food products and policies that support healthy eating initiatives. Many employment opportunities within the field of food science and nutrition are available to graduates.

What examinations will I have to take to get my qualification?

The course involves a 90 minute exam and controlled assessment projects on the following modules:

- Meeting nutritional needs of specific groups
- Ensuring food is safe to eat
- Current issues in Food Science and Nutrition

The next step:

Students will gain the required knowledge to be able to use the qualification to support entry to higher education courses such as:

- BSc Food and Nutrition
- BSc Human Nutrition
- BSc (Hons) Public Health Nutrition
- BSc (Hons) Food Science and Technology