



Content - Big ideas

Mental Health - Self awareness, Self Esteem, Mental health and support, Anxiety, Depression, Anger management, Personal Safety

Todays Society – Social Justice, Misogyny, Free Speech v Hate Speech, Cancel Culture, Cost of Living Crisis, Screentime

RSE – Block 1 – Equality, Child development, The best start in life, Being a parent carer, Unhealthy Relationships, Unhealthy behaviour in Relationships

RSE Block 2 - Healthy Relationships, Respectful Relationships, Getting Pregnant – Myths and Facts, Sexual Health and support, Choices about contraception, Condoms

RSE Block 3 - Mental Health, Emotional Well being, Digital Resilience, Unhealthy Coping, Healthy Coping Strategies, Change, Loss, Grief

Prior learning

Global/IOM/Subject Links

Subject specific skills development