

# Physical Education Kit

<b>INDOOR:</b>	Maroon polo shirt with the School emblem Black shorts or black sport leggings with no visible logo White sports socks
<b>OUTDOOR:</b>	Maroon t-shirt/polo shirt or rugby style top with the School emblem Black shorts or black sport leggings with no visible logo Maroon and white long socks
<b>OPTIONAL ITEMS:</b>	School emblem sweatshirt Plain black thermals (leg and arm skins) can also be worn under correct School kit

## FIXTURES:

<b>RUGBY</b>	All rugby fixtures require students to wear full outdoor games kit with boots. For rugby, students need to wear a gumshield.
<b>CRICKET</b>	All cricket fixtures require students to wear full whites. Students have the option to wear their own, or if they do not have them, school can provide these for them to play in. All students must wear a protective box when playing hard ball cricket. The school can provide these but it is recommended that a player has their own that fits comfortably.
<b>NETBALL &amp; ROUNDERS</b>	For netball and rounders fixtures require students to wear full outdoor games kit and trainers. A school team kit will be provided where possible.
<b>FOOTBALL</b>	All football fixtures require students to wear full outdoor games kit, which includes: black shorts, maroon and white long socks and shin pads. Astro boots are optional. A school team kit will be provided where possible.
<b>HOCKEY</b>	All hockey fixtures require students to wear full outdoor games kit, which includes: black shorts, maroon and white long socks and shin pads. Students must wear a gum shield. A hockey stick, astro boots/hockey shoes are optional. A school team kit will be provided where possible.

## FOOTWEAR

Trainers – with non-marking soles  
Football boots (compulsory for safety in football/rugby)  
Astro turf trainers (optional but preferable when on the astro turf)

## ADDITIONAL ITEMS

Shin pads (compulsory for all students)  
Mouth guard (compulsory for hockey)  
Black/maroon base layer (optional)  
Optional QEII branded items available locally include black shorts, skorts, maroon and white long socks, black jogging pants, fleece and sweatshirts.

A new additional range of clothing is now available to purchase directly from school consisting of a tracksuit top, tracksuit bottoms and a showerproof storm jacket. These are “bespoke” items that are made to order. The school will send out order forms periodically to give all students at QEII the opportunity to purchase these, but **we must highlight that these are optional.**

## DANCE KIT

Maroon polo shirt with the school emblem  
Black shorts or black leggings/joggers  
Trainers

## VALUABLES

On P.E./Games days, it is strongly recommended that all students leave jewellery and possessions at home or in their locker. Valuables and money must not be left in the changing rooms during P.E./Games lessons.

## PLEASE NAME ALL P.E./GAMES KIT CLEARLY

### HOUSE COLOURS

**Caaig**  
**Foillan**  
**Shirragh**  
**Threshlyn**

**Green**  
**Yellow**  
**Red**  
**Blue**

### **INCORRECT / MISSING PE**

Students who fail to bring the correct PE/Dance kit will, in the first instance, be given a reminder in their planner; on the second occasion they will be given a break time detention and another reminder sent home; on the third occasion the student will be given a subject detention at lunchtime. This process will run over a half term cycle and will start again for all students at the start of each half term.

If any student has difficulty with kit or it cannot be provided for them that week, bringing in incorrect kit with a note explaining the issue is fine and will not be classed as an incorrect kit. If a student requires spare kit this can also be provided. All spare kit is clean when handed to students at the school and is washed by PE staff after it is used.

### **MEDICAL ABSENCE IN PE**

Students are expected to bring PE/Dance kit to every lesson. If a student is unfit to participate in a PE/Dance lesson, they are still expected to bring and change into PE/Dance kit. However, a note from their parent/carer will allow them to participate in an appropriate role, such as; coach, scorer, umpire/referee, choreographer or peer evaluator. Students failing to bring a note will be expected to participate fully in a lesson. The only occasions on which students will be excused participation in lessons are situations where movement is heavily restricted such as a student in plaster with a broken limb. In this instance students will usually remain inside with a PE related task, although they should bring some warm clothing as they may be required to be outside for the lesson.

If a student is injured and cannot participate for longer than three weeks they should seek medical advice and bring in a note from that medical professional. For serious long term injuries parents are expected to seek medical advice before returning to practical physical education activities at school.

Any student who is excused from physical education for medical reasons should not be participating in physical activities during break or lunchtime as this could prolong, or make the injury worse.

Students' medical notes will be retained, scanned and attached to the student's register notes. Physical notes will all be disposed of securely once this has been done.