

Physical Education Kit

INDOOR (P.E.):

- Maroon polo shirt with the school emblem
- Black shorts or black sport leggings with no visible logo (no skorts or cycling shorts)
- White sports socks
- Trainers

OUTDOOR (Games):

- Maroon polo shirt or rugby style top with the school emblem
- Black shorts or black sport leggings/jogging bottoms with no visible logo (no skorts or cycling shorts)
- Maroon and white long socks
- Trainers (and football boots if playing football/rugby)

Please note: The compulsory polo shirt or rugby style top with the School emblem can be purchased from Top2Toe (Website: www.top2toe.im / Address: Bowring Road, Ramsey, Isle of Man, IM8 2LQ)

FIXTURES:

RUGBY

All rugby fixtures require students to wear full outdoor games kit with football boots. For rugby, students must wear a gumshield.

CRICKET

PE or games kit is acceptable for cricket. Students may wish to play in plain black tracksuit bottoms, particularly in fixtures. For fixtures, students should wear either box shorts or a second pair of under shorts/pants to enable a box to be held in place. School can provide box shorts to go over underwear, if required.

NETBALL

Netball fixtures require students to wear full outdoor games kit. A school team kit will be provided for fixtures, where possible.

FOOTBALL

All football fixtures require students to wear full outdoor games kit, which includes: black shorts, maroon and white long socks and shin pads. Trainers may be required for certain fixtures on astroturf but football boots with studs are also required. A school team kit will be provided for fixtures, where possible.

HOCKEY

All hockey fixtures require students to wear full outdoor games kit, which includes: black shorts, maroon and white long socks and shin pads. Students must wear a gumshield. A hockey stick, astro boots/hockey shoes are optional. A school team kit will be provided for fixtures, where possible.

ADDITIONAL ITEMS

- Shin pads (compulsory for all students in football and hockey)
- Gumshield (compulsory for hockey and rugby)
- Black/maroon base layers to be worn under correct school kit (optional)
- Gloves and hat in winter (optional)
- Plain black jumper with no logo (optional). Hooded tops are not permitted

QEII branded items that are optional are available from:

Top2Toe (*Website: www.top2toe.im / Address: Bowring Road, Ramsey, Isle of Man, IM8 2LQ*)

https://theprintshediom.com/?s=qe2+PE&post_type=product

FOOTWEAR

- Trainers – with non-marking soles
- Football boots (compulsory for safety in football/rugby)
- Astro boots (optional but preferable when on the astro turf)

DANCE KIT

- Maroon polo shirt with the school emblem
- Black shorts or black leggings/joggers with no visible logo (no skorts or cycling shorts)
- Trainers

QEII branded items that are optional are available from:

<https://theprintshediom.com/product-category/qe2-dance/>

VALUABLES

On P.E./Games days, it is strongly recommended that all students leave jewellery and possessions at home. Valuables and money must not be left in the changing rooms during P.E./Games lessons.

The school cannot take responsibility for any lost items.

CHANGING ROOMS

Students should put all of their uniform in their bags and on the pegs whilst in PE and Games in order to reduce the risk of lost items. Students should avoid using JD string bags as their PE bag to prevent confusion and ensure their kit is easily identifiable.

PLEASE NAME ALL P.E./GAMES KIT CLEARLY

HOUSE COLOURS

Caaig	Green
Foillan	Yellow
Shirragh	Red
Threshlyn	Blue

INCORRECT / MISSING PE KIT

Students who fail to bring the correct PE/Dance kit will, in the first instance, be given a mark on their ready to learn card. If any student has difficulty with kit or it cannot be provided for them that week, bringing in incorrect kit with a note explaining the issue is fine and will not be classed as an incorrect kit. If a student requires spare kit this can also be provided. All spare kit is clean when handed to students at the school and is washed by PE staff after it is used. Refusal to borrow kit when it is missing without reason will result in appropriate sanctions.

MEDICAL ABSENCE IN PE

Students are expected to bring PE/Dance kit to every lesson. If a student is unfit to participate in a PE/Dance lesson, they are still expected to bring and change into PE/Dance kit. However, a note from their parent/carer will allow them to participate in an appropriate role, such as; coach, scorer, umpire/referee, choreographer or peer evaluator. Students failing to bring a note will be expected to participate fully in a lesson. The only occasions on which students will be excused participation in lessons are situations where movement is heavily restricted such as a student in plaster with a broken limb. In this instance students will usually remain inside with a PE related task, although they should bring some warm clothing as they may be required to be outside for the lesson.

If a student is injured and cannot participate for longer than three weeks they should seek medical advice and bring in a note from that medical professional. For serious long term injuries parents are expected to seek medical advice before returning to practical physical education activities at school.

Any student who is excused from physical education for medical reasons should not be participating in physical activities during break or lunchtime as this could prolong, or make the injury worse.

Student medical notes will be retained, scanned and attached to the student's register notes. Physical notes will all be disposed of securely once this has been done.